### Paula Renaye, CPC CECP RMT QHHT CEHT Nurtured Life Healing Center

2311 Lakeshore Drive, L3, Hot Springs, Arkansas 71913 501-520-9777 (text or call) paula@paularenaye.com www.PaulaRenaye.com

# **Client Information Form**

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Scan completed forms and email to: paula@paularenaye.com

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# **Client Services Agreement**

Welcome! I am looking forward to working with you and am honored to share your very personal journey of self-discovery and healing. Import information about our sessions is provided below. Please read and sign and return the completed and signed documents to paula@paularenaye.com.

## Policies

- Sessions: Payments are due at time of service. Methods of payment accepted are: Cash, Check, Credit/Debit Cards and PayPal. A 24-hour cancellation notice is required for sessions. If it is necessary for you to cancel your appointment within the 24-hour window or the appointment is missed, the full session fee will apply.
- Workshops: Payment for Full Day Individual Workshop is due at booking. Cancellations one week prior to appointment will be refunded (less 15%).
- If you are unable to use a pre-purchased session for any reason, you may place the session on a three-month hold. Session credits will not be carried out longer than three months. You may also gift the session within this three-month period if desired.

## Confidentiality

The conversations within our sessions are confidential and will be protected as such. Information will only be shared outside our sessions with your written consent or by order of a court judge. However, I would be obligated by law to break our confidentiality agreement without your permission if:

- It is assessed during your participation in coaching sessions that abuse or neglect of children or elders is occurring.
- In my presence you threated to harm or kill yourself or another individual and I am convinced that you will act on this intention.

### Disclaimers

All coaching services delivered by Paula Renaye are meant to challenge, uplift and support you psychologically. However, coaching is not psychotherapy. If you feel psychologically stressed to the point it is interfering with your ability to function, please have the courage to seek the help you need from a professional counselor. Coaching may augment therapy, but there are times when the services of a licensed mental health professional may be indicated.

In that spirit, please read the following and sign below should you agree to each statement and wish to proceed:

- I understand that the coaching services I will be receiving from Paula Renaye are not offered as a substitute for mental or medical health care. I also understand that my coach, Paula Renaye, is not acting as a psychotherapist or medical professional and does not purport to offer mental health care or medical advice.
- During the course of the coaching process, Paula Renaye may use energetic healing techniques to facilitate progress. Energetic healing is not intended to be a replacement for medical care and all health issues should be addressed by a licensed doctor.
- I understand that my coach will maintain the confidentiality of our communications only to the extent defined by the laws of the states in which each of us resides.
- I understand that this work will likely bring about deep emotional and mental changes in my life and I agree that I am fully responsible for my well-being, choices and decisions before, during and after my sessions. I hereby release Paula Renaye from any and all liability.

I have read the statements above and I understand and agree with the points contained therein:

#### Printed Name

**Client Signature**